

IRON PENTACLE SERIES

In the Name of Self. Part 2.

Assignments

1. Continue with Soul Alignment and Kala, Word Web Weaving, recognizing Self and other as God/dess
2. Obtain a red, taper candle for next week's work.
3. IO Prayer x3 (instructions, below)
4. Ho'oponopono (instructions, below)

IO PRAYER

Align your Souls. As soon as you've sent the breath of life force to your GodSoul, begin breathing in Manna, again, in sets of 4.

As you say the words, imagine/envision/know the reality of them. Take your time:

In the name of Sex, Self, Passion, Pride and power

I (say your name), affirm in the here and now

That I am a living entity

A three-fold spirit

With a dense, physical body

And that my Godsoul is the third

and highest of my three spirits,

the most sound, whole and

perfect part of me.

I am.

We are

One.

Give me this day that which is

best for me

Avert harm from me

though it be the very thing

I pray for

And bring me the good which

from ignorance/

I do not ask for

This prayer was written by Victor H. Anderson and is Traditional Feri.

Ho'oponopono

Please reference the recording from class for full discussion of this ritual. This is a Rite of Forgiveness and can be used for yourself, though it was/is traditionally used to resolve problems between people and/or groups.

As always, assure your Souls are in Alignment before you begin. Have Kala water on hand in case you need it.

The steps include feeling/being in the emotional state (sincerity is key) as you say the words.

This can take 10-30 minutes. Take your time.

I'm sorry

Please, forgive me

Thank you

I love you

Do this at least once this week.

Blessings of Love & Power--Karina

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