

## **IRON PENTACLE SERIES**

### **In the Name of Pride**

#### **Part 4.**

In the recording for Part 4, we mostly did check-in time and some discussion around spaciousness and integration. This is Big Work. Big Witch Work!

There are no *new* assignments, other than to pay attention to the space you are taking up. Is there a lot of space and you're only taking up a little? Or, are you taking up all the space? Where are you with your self-pride? How is it working in and on and through you? How is the work you are engaged in affecting those you love, those you work with, the spaces you operate in?

I'd like to take this week to create some space for you who to catch up and for to integrate.

Feel that space opening up around you. No matter where you are in this work/play/pride . . . feel that spaciousness and how you are gaining the tools to fill that space with Healthy Pride.

I am not assigning new work this week. What is assigned, below, are things you have been doing. Keep doing them. Keep adjusting your posture. Keep noticing when you are taking up more space that you can fill in a healthy way. Keep noticing when you are shrinking instead of taking more space. This will help you integrate this work and stay "right sized."

You are each so beautiful, powerful, lovely. You are each so much more than you know—even those on the Path a long time. How Proud is God? How Proud are you?

If you are so inspired, Peacock Dance some more. Shake out those feathers—let a rain of blessings scatter across the land, touching all whose lives touch your own.

### **Re-sacralizing the Body:**

This is really the center of our transformational magic this week. Aside from that work (below) please attempt the following: When you catch yourself priding yourself, rather than simply noting it, stop, ground and center and breathe in the Life Force of Pride. Fill yourself with Pride. Send Ha to your Godself with the flower prayer we've been using these weeks:

Who is this flower above me?  
What are the strengths of this god?  
I Pride myself in all my parts.

### **IO Prayer**

*I am aware this was assigned last week. Powerful magic is hidden here. It would behoove us all to pray this sincerely on a regular basis. This is part of my regular practice.*

In the name of Sex, Self, Passion, Pride, Power  
I affirm I am a living entity  
A threefold spirit with a dense physical body  
My Godself is the third and the highest  
of my three spirits. The most sound, whole and  
perfect part of me. We are and I am

ONE.

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