

## **IRON PENTACLE SERIES**

### **In the Name of Power**

#### **Part 2**

*Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light not our darkness that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.—Marianne Williamson, "A Return to Love."*

*Our sense of power is defined by our capacity to put it to use. Anaar, "The White Wand."*

*Power I will be your intelligence, we are one and the same thing. Victor Anderson. Oral Tradition*

*You cannot dream yourself into a character; you must hammer and forge yourself one. James A. Froude*

Think about these quotes as you move through the week. Walk with them. Listen deeply. Ask your Godself to reveal their Truths to you. Be open to Wisdom shining through.

#### **Notes on Power**

Last week, I wrote: *Power. Witches are Power-full. Indeed, we may use our Power to create communities or generate healing, justice or right action. We can use our Power to enhance peace, prosperity, health and well-being among our beloveds. But those*

*are uses for Power. They are not the Power itself. A Witch seeks, courts, stalks, embodies and generates Power.*

*Once we claim and embody our personal Power, our Witch Power, our Will-Power, we can concern ourselves with its uses and its effects on others. Until then, we are still playing games about pleasing other people; getting our egos stroked; pretending we're nicer, cooler, more formidable than we really are. And it's all thoroughly disingenuous. And our dishonesty is utterly transparent. This is why the world is such a mess, if you come right down to it. Think about it.*

A knife is just a knife. It is a tool. What it is used for, the deftness with which it is wielded, the acuity of its blade, and the intention of the one wielding it—these are what give the knife its ability to cause harm, injury, death or its ability to cause healing, create art or prepare food. A dull knife is *much more dangerous* than a carefully honed and sharpened one.

So too with Power. It is a tool. We cannot wield Power if we cannot allow ourselves to recognize WE ARE THE TOOL. We are Power. Whether we recognize it or not makes no difference. We can deny it, but our denial does not keep it from being true. If we are to be effective Witches—whether our work is to throw lightning from the mountain top or to rock intently in a chair (and we should be able to do both if we are masterful), we will need to accept and lay claim to our power. Once we realize we are one and the same thing as power, we can begin to hone and sharpen. Once we know Who We Are we can begin to discern what We Are For. Only when we are willing to accept responsibility for our inherent Power, can we begin to address concerns such as how to wield it correctly, precisely and to what ends.

We have, in many cases, put the horse (concerns about use of Power) before the cart (admitting and enjoying the fact we are Power-full). If we haven't fully engaged with our own magnificence, but rather are focused on how to shape that glory into a package that won't upset anyone, won't disturb the status quo . . . we won't be able to do it *with integrity, precision or consistency*.

The wizard on the mountain, the crone in her rocker, the President at the podium, the artist at the easel . . . all of these have laid claim to, taken embodiment of and

responsibility for the power they wield. Only then, can they create beauty, truth, compassion , healing and love.

Let's get the horse in front of the cart this week. Do whatever Kala you need to. Know this Work is never done and you will have the rest of your lifetime(s) to get right with Power.

Victor Anderson said, "I am the Working. I am the Work. Mine is the Power, the Honor and the Glory." We are each the Great Work. With three souls in alignment, our Iron and Pearl pentacles coursing Power through our veins, our very existence is an act of magic, generosity and healing.

Our fundamental issues with claiming this kind of organic, raw, unadulterated, uncivilized, impolite, impersonal Power goes right to the heart of our conflict with Witchcraft. Here, with Iron Pentacle as traditionally taught in what Victor most often referred to as The Old Religion, we see that Iron Pentacle is *not* simply a tool for self-awareness. It is a tool for forging Witches by heating up the very Iron in our own blood. In indigenous Shamanic traditions there is always an ordeal which leads to initiation into the Mysteries/Wisdom. In Feri Tradition, Iron Pentacle Work is that ordeal. Not everyone who does this work arrives on the other side of it.

Not everyone is a Witch. Not everyone should be. Everyone can approach these tools which were once held in strictest confidence because of their Power to bless or kill. Not everyone can grasp their meaning, their purpose or the Power they are meant to instill. These statements are not about judgment any more than saying not all seeds will bear fruit is a judgment. Some seeds will bear flowers, others blades of grass, others healing herbs and still others a mighty oak tree. These are all noble, beautiful, and useful. Nevertheless, flower, grass, herbs and oak trees are not fruit. Just so, not everyone who approaches Feri Tradition and Iron Pentacle is a Witch and therefore, will not be able to approach this work with the mindset (Talker) and the wildness (Fetch) necessary to wield the Witch's Power.

Would you be a Witch?

Victor reiterated a story about a Japanese Bushido Master who said, "It is within our power to bless or kill with the brush of a finger."

Feri Tradition is wild. It is uncivilized. It is the Craft and its members are intent upon keeping it that way. The Witch Herself holds a very particular role in her community (neighborhood, workplace, school committee, and tribe).

When we work Iron long enough, the Pearl arises naturally. There, embedded in the Pearl, lies the Power some people refer to as “power with.” You must go through the gates of Iron to reach the Pearly Ones.

And here, if you are wise, you see the Twins arising. Serpent of Earth in the Iron. Bird of Heaven in the Pearl. Our Great Work is to embody the opposing, paradoxical forces and birth again and again and again, the Peacock Lord.

### **Aligning with Power**

*Who is this flower above me?*

*What are the Powers of this god?*

*I take responsibility for myself in all my parts.*

This week, continue to Align your Souls and recite the Flower Prayer as written above.

Notice your resistance. What Power are you resisting? Which responsibilities make you nervous?

### **Re-sensualizing the Body**

This week, set aside time on two separate evenings to “try on” the two manifestations of embodied power I have been writing about these past weeks.

On one night, embody the Power of the Old Woman rocking in her chair, her lips barely moving as she calls Power to herself. She is not compelled to use this Power because of any story happening around her. She is gathering Power to herself because this is what the Witch does. She gathers Power to herself because this is what a Witch does. When this Power is needed in her life or in the world, it will be there at the ready when she reaches for it.

Sit quietly. Call Power to you (breathe Life Force!) Rock with it. Let it fill you as though you are an empty shell. See, feel, experience and BE filled with the Power of Power. When you are very full, move into the Flower Prayer as written above. Send the manna to your Godself.

On another night, embody the Power of the Wild Wizard on the mountain top, his body crackling and careening with Power as he draws it to himself from the very ethers all around him. He is not compelled to use his Power because of a story he is aware is unfolding. No. He gathers Power to himself because this is what a Wizard does. When this Power is needed in his life or in the world, it will be there at the ready when he reaches for it.

Move around as you do this. Call Power to you (breathe Life Force!). Rock with the power and you dance and writher and move. Call Power into you and stomp, shake and rock with it. REALLY go overboard. Get dramatic!

See, feel, experience and BE filled with the Power of Power. When you are very full, move into the Flower Prayer as written above. Speak it out loud in your most convincing and Powerful Voice. Don't whisper or whine it. Say it with Power and Authority. Let your voice Boom. Send the manna to your Godself.

### **Re-sacralizing the World.**

This week, take a step beyond noticing organic and natural emanations of Power. This week, enter into relationship with that Power by actively acknowledging, complimenting and blessing it. Do this daily. Look for Power in the Natural World with beings in their Natural Habitats. For example: Hawk soaring high above the landscape; the hairdresser holding her scissors; the Mountain being the Power of Mountain; the child exuding Wildness and exerting his Will; the Lover as s/he descends from above to kiss your lips. Notice. Compliment. Bless. This will help you enter into new appreciation and relationship with Power.

## **Iron Pentacle**

This week, immediately following your Re-sensualizing the Body exercise above, run Iron Pentacle using all the excess Power/Life Force.

*Enjoy it.*

Then, send it around the Circle for containment.

Then, send it through the Points for empowerment.

How is this different from the last time you worked Iron Pentacle? Compare and contrast your experiences as Old Woman and Wizard in your check in.

## **Procure before beginning Part 3**

3 red taper candles.

## **Procure before beginning Part 5**

For week 5 you will need another red taper candle as well as Dragon's Blood Incense—really, this is *best* for this if you can get it. If not, use patchouli or another Dark/Hot incense. A piece of Iron—be it iron ore, or wrought iron. You will also need white salt—preferably sea salt.

## **Hydration and Cool Headedness.**

I cannot stress enough the importance of getting enough water into and onto your body as you do this work or forging yourself in the fire. Please, drink at *least* a half-gallon of water daily. Ideally, you will drink a gallon. Please, take cool showers, walk outside in the cool air, chew ice . . . take whatever measures you can in order to help your physical body deal with the level of Life Force you are generating and using. Also, take measures to stay cool in your relationships. If you feel yourself getting indignant or outraged, step away from the situation, drink some water, breathe Life Force, imagine yourself bathed in cool white energy (the energy of snow). This will help to keep you from getting “in trouble” because of your Power.

Go Forth and Be Power!

*Copyright 2017, 2018 and in perpetuity: Karina B. Heart, Karina BlackHeart, KBH Enterprises, [karinabheart.com](http://karinabheart.com)*