

IRON PENTACLE SERIES

In the Name of Passion

Part 3

Some Kiss We Want

There is some kiss we want with
our whole lives, the touch of
Spirit on the body. Seawater
begs the pearl to break its shell.
And the lily, how passionately
it needs some wild darling! At
night, I open the window and ask
the moon to come and press its
face against mine.

Breathe into me.

Close the language- door and
open the love window. The moon
won't use the door, only the window.

*From Soul of Rumi
by Coleman Barks*

Honor

This week's work with Passion center's around the word *honor*. Do you honor your passion? Does passion have honor? Do you honor the passions of your Rational Self? Your Wild Soul? Your Divine Soul?

We're also honing in closer to identifying passion in the body, recognizing how passion inspires or compels us, is fed by Power and feeds sex/creation.

There's a guided meditation -- printed below and in the class recording And, there's a Rite of Passion for you to do this week.

It's a lot. We are at the high arc of the 5 weeks. After this week, work will taper off a bit as we integrate and take action on what we've learned, evoked and invoked.

ASSIGNMENTS:

Naming Passion

Give yourself about an hour or two to do this assignment. Align your souls and make Kala on any complexes which might be standing in the way of your Passion. If you feel your passion burns to hot and bright (sparks with no results) make Kala. If you feel your passion is sluggish and muddy (can't seem to access it at all), make Kala. If you are afraid, make Kala. If you are ashamed, make Kala. If Passion causes guilt to arise in you, make Kala. (And, we have a lifetime, so don't try to do this all at once).

With souls aligned and cleansed of what stands in the way of this particular working, allow yourself to dream. What makes your heart sing? What makes your spirit soar? What are some things you do that make you feel sexy? Self assured? Proud? Powerful? What are you good at? What is it you love to do? Jot down notes. What do these things have in common? How often do you do them? What affect does your engaging in these activities have on those around you? Have you ever thought to make Ha while doing them?

In naming and identifying Passions, we are less concerned with causes (I am passionate about saving the whales, for example) as we are with that instinctual impulse to action (I reach for the flute instinctively. Or, I start doing that and before I know it hours go by.

Name your Passions. Make a list. Keep writing until you can't think of anything else. Your list can be long or short.

Another day, come back to your list . . .

Choose a passion. The one that feels *important*. The one that you can *trust*. The one that you can *honor*.

That one. You know it's *important* because it simultaneously fills you with awe and affirmation.

You know it is True because the thought of following it feels a lot like falling in love.

(Note: in my teaching, the work of this god can be many things, endeavors, works. One of those works might be what T. Thorn Coyle refers to as The Great Work. I don't want you to put that kind of pressure on yourself for this class. Pick a lesser work—one that feels important and one which you have great passion for/toward. Your work might be to learn a new language, get to massage school, finish your degree, have a child, enter a new relationship, fly to Europe, sing on stage, write poetry every day or lose 20 pounds).

Once you Name your True Passion, set aside some time for the following:

Make a list of the reasons you know this is Your Passion. How does it make you feel (physically, emotionally and spiritually) to think about following this passion?

Place this list on your altar. We will return to it.

On another sheet of paper, make a list of the reasons igniting this passion makes you feel ashamed, guilty or afraid. Place this list on your altar, face down, underneath the other list. We will return to it next week.

Honor:

Last week we questioned if we trust ourselves and how we follow through on that. This week, let's look at the word Honor (wyrdd web weaving might be helpful). You might want to go back to the questions posed last week about Trust and insert the word Honor instead? Do you honor your Self? Your Sex? Your Pride? Your Power? Your Passion? Do you honor the passions of your Talker? Your Fetch? Your Godsoul? Your three-fold spirit in alignment?

As spouses, mothers, teachers, mentors . . . we may find we honor the passions of others more than we honor our own. Is this true for you?

Passion Vessel Meditation

Do this at least twice but as many as five times this week. If you like, you can record your own voice reading the meditation out loud. Or, you can locate it on the Class#3 recording and listen to my voice.

Of course, Align your Souls first. And of course, make Kala on anything I the way of you being able to do this meditation with the understanding that it is healthy to do so and will actually work for you. You may or may not be aware of anything . . . make Kala just in case . . . you can always just ask Fetch to show your Godself anything which needs transforming with regards to Passion.

Feel Passion within you! See it as an ember glowing there in the cauldron of your belly.

With a breath of Will ignite Passion. See and feel it spark toward Life. Feed it with your breath and feel the flames rise up within you. Fire. It is bright and hot. It burns quickly!

It flicks and flickers upward outside the container of your belly-cauldron. And there, Trustworthy as ever, is the Rational Self.

S/he contains the raging fire and searing heat. S/he directs it with skill and precision. S/he gives it shape—as a glassblower gives shape—creating a vessel for your Passion.

A vessel can hold things. A vessel can transport.

Visualize your passion in all its glory. What does your passion made manifest look like? Feel like? What shape does it take? And where does it go? How do you feel—in your body and in your heart—as you see your passion take shape and come into fullness? Let your mind-body-spirit enjoy all the excellent feelings as though your passion had been fulfilled already.

Right now. In your Mind's Eye, give your Passion texture, color, shape, size, intent, detail. Fill in the picture as much as possible.

You are giving your passion precise shape. You are creating the vessel within which the fullness of your passion will be held. When the vessel is created, hand it to your Fetch.

Bless and Honor Fetch. Know S/he knows exactly how to hold this Vessel and what to do with it. Let Hir turn it in Hir hands. Let her feel it's reality and the pleasure it brings to the body. Breathe life force into

Fetch. Fill her until you are aware that the physical body has more than enough life force. Breathe life force into Fetch--fill her until you are sure the etheric body has more than enough life force. Breathe life force into Fetch. Let her fill your precious, precise, carefully crafted, beautiful Vessel of Passion with Life Force. See it take on even more color and texture. See it take on Life!

When you are ready, tell Fetch that the Vessel must now be given to the GodSelf.

Fetch knows how to do this and is utterly trustworthy in this matter. She wants to do this! She is excited to do this. Ready?

Take four more breaths, and as you blow the last one up in HA feel, see, imagine the Fetch handing your beautiful Vessel—the container and the mode of transport—off to your Godself.

Thank, bless and give honor to your Godself for taking up the vessel which contains your True Passion.

Know that your Godself knows exactly what to do with it. She will literally use Life Force to bring your True Passion to manifestation.

Iron Pentacle

You should be running Iron Pentacle at least 5 times per week, if not daily.

How does Iron Pentacle feel in you now? Is it bigger? Stronger? Are the points contained within the circle? Do all the points reach to the edge of the circle? Is the circle really circular or is it dented or extruded? How does one point push or pull all the others? Where is energy pooling, leaking, erupting or stagnating as you cycle it around and through? Where is the energy flowing, cleansing, empowering, enlivening?

How is the Iron Pentacle generally and the Passion Point specifically affecting your life? Not just your internal life, but your relationships, responsibilities and requirements in your life?

What are some novel uses for the Iron Pentacle which you may not have previously perceived?

Continue to notice how this is changing and being reshaped and reconfigured as a result of clearing away obstacles to Passion flowing correctly through you. How do the Points interact and intersect this time? What happens if you run the energy around the points from Sex to Power to Pride to Passion to Self to Sex? Experiment !

Iron Pentacle is YOURS—what interesting things can be done with it? Get to know it any way you can. Know Iron Pentacle the way you know your dietary needs, your skin care needs, how much sleep you need and what you need to do in order for your body to run at optimum.

Iron Pentacle is not something outside ourselves. Not simply a tool or an exercise. Rather, it is part of us that we are awakening with this work/play. Own your Iron!

RITE OF PASSION:

I was going to assign this and decided that I'd like to wait another week. I had told you previously to get a red taper candle. I apologize. That was in error. Here are items you will need to have on hand *next* week for the Rite I'll assign then:

A clean set of yellow and white clothing including head-cloth. Yellow can be sunflower gold to lemon yellow to the gold of wheat. Do your best. It can be a robe or sweat pants or dress or a golden superman cape. But yellow clothing that is clean is in order. Yellow/gold jewelry is nice as well.

2 jars of Honey (4-6 oz each).

A sweet incense.

2 Yellow candles.

A Clear or White Bowl large enough to put both your hands inside.

Water to fill the bowl with. Rain or river water would be Great but is not necessary. Salt or standing water (from a pond or lake) is Not Good.

A Beautiful perfume, essential oil or cologne to anoint your candles and your body with. Beautiful Music to Dance to. Another jar of honey. 5 of each of the following: pumpkin seeds, whole cloves, cinnamon sticks, pennies (copper coins) Beautiful yellow and white ribbons for the top of the jar.

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